

Foreword by the Chief Medical Officer for Wales

Health Challenge Wales provides a national focus for us to work together to create a healthier nation. This is important if Wales is to shake off traditionally high levels of poor health still evident in many of our communities. If we can promote health and prevent ill - health from happening in the first place, our resources can be focused on treating unavoidable disease.

Since coming to Wales, I have been encouraged by the range of organisations working together under the banner of Health Challenge Wales. The role of Environmental Health Officers, whose vast experience has made this toolkit possible, reminds us that action on the wider determinants of health has a major contribution to make on our health and well-being.

I am confident that this second volume of the Health Challenge Wales toolkit will make an invaluable contribution to the better health agenda, and I look forward to the continued support of the Environmental Health profession and its Chartered Institute in helping Wales become a healthier nation.